



STATENS BARNEHUS
Et tverrfaglig kompetansehus

Norge



What happens at Statens barnehus

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Statens barnehus Bodø,
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Types of professional competence at Statens barnehus



- In Bodø barnehus:
 - 1 manager
 - 6 senior counsellors
 - 2 specialist in clinical psychology for children and youth
 - 6 coordinators/technicians/
- Senior counsellors have different educations, e.g.
 - child welfare officer
 - social worker
 - psychiatric nurse
 - criminologist

All have experience working with children, adolescents and families in different kinds of crisis.

Most have a Master's degree.

What happens at Statens barnehus?

Facilitated/forensic interviews

Suspect interviews. (Harmful sexual behaviour)

Medical and dental health examinations

Treatment and follow-up

Contact and coordination with other instances. Such as the Child Welfare Services

Consultation and guidance for public and private providers/services

Why do the interviews at Statens barnehus?

All in one place. All professional instances involved are gathered in one place

Child-friendly environment. There is no uniformed police present, or other aspects that a child may find frightening.

Relief. The interview is recorded on video. By doing this, the child or vulnerable adult does not have to appear in court in the event of a trial.

Coordinated. We coordinate the follow-up efforts between the Child Welfare Services, the police and medical services.

Follow-up. We do the assessment after the interview and can provide follow-up/treatment, or referrals to Mental health services.

A day at Statens barnehus

A planning meeting has been conducted days in advance

Forensic interview

Consultation with the child and care-givers

Addressing safety issues

Assessment of symptoms, assess need for support or therapy

Psychoeducation, i.e. provide information to better understand reactions / symptoms, and how to deal with them

Advice and support to parents

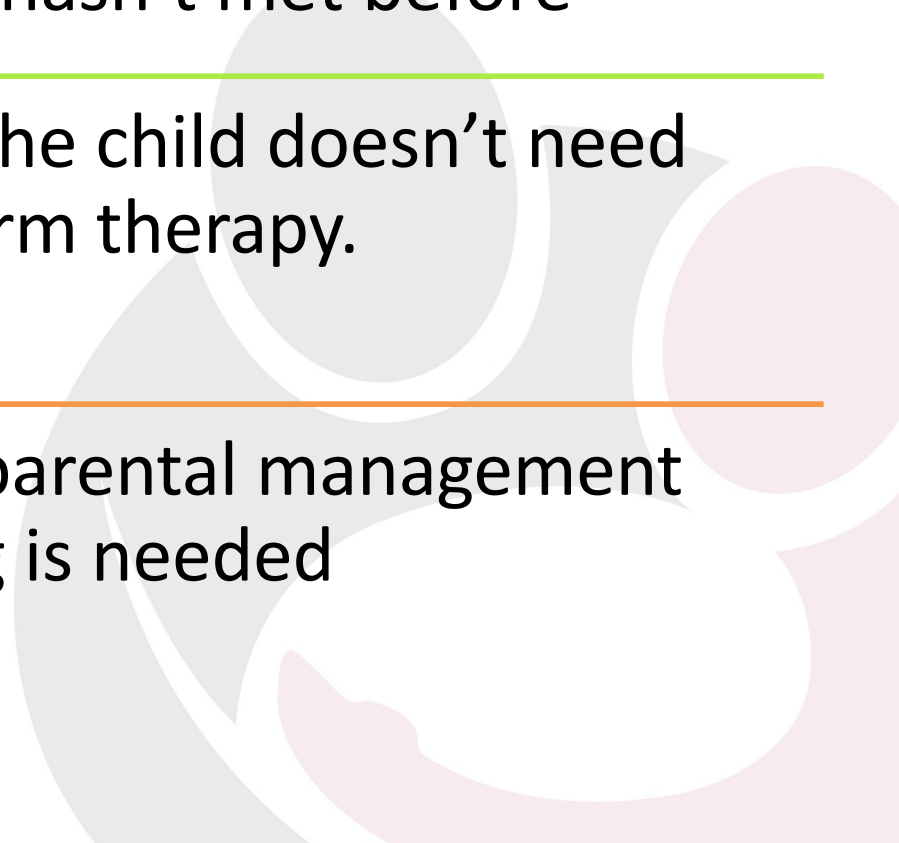
The barnehus can offer short-term therapy

When their problems relate to the topic of the forensic interview

When the child prefers barnehuset instead of someone he/she hasn't met before

When the child doesn't need long-term therapy.

When parental management training is needed



Types of short-term therapies

Family therapy

Cognitive behavioral therapy

Trauma focused cognitive behavioral therapy

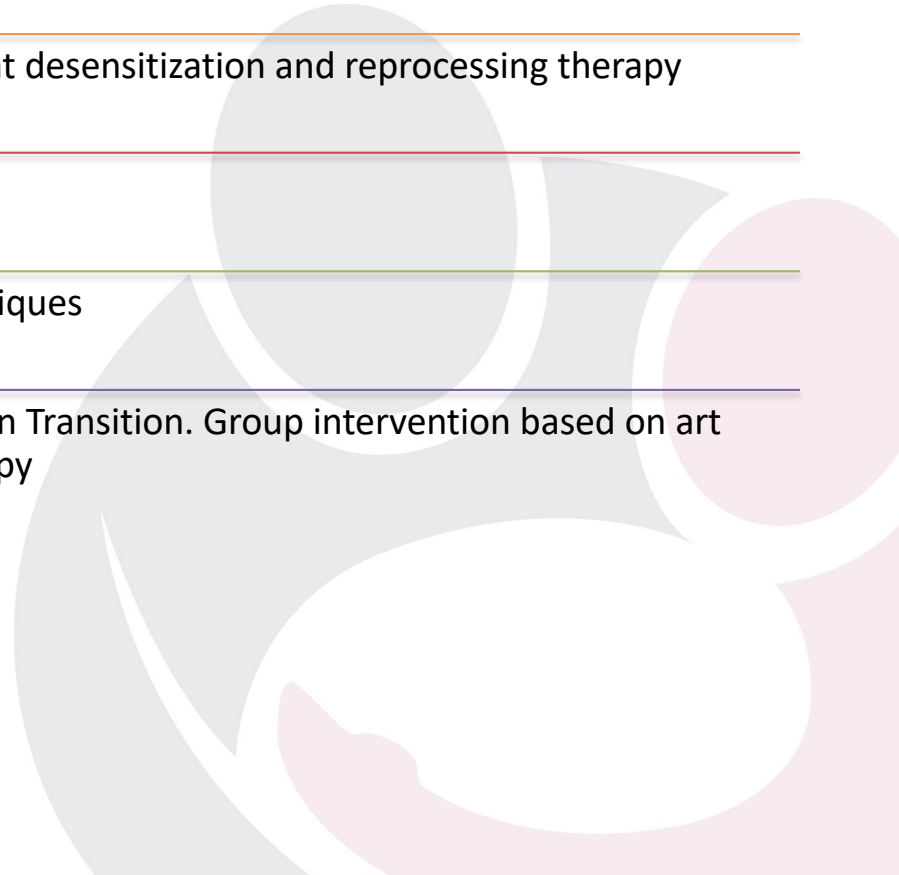
Metacognitive therapy

EMDR: Eye movement desensitization and reprocessing therapy

Psychoeducation

Teach self-help techniques

EXIT Expressive Arts in Transition. Group intervention based on art and expression therapy



Children and youth who display harmful sexual behaviours.

Suspect interviews

- The interview can preferably be held at the barnehus, because:
 - Possibly victims themselves
 - Many have poor social skills
 - Possibility to do preventive follow-up
- Some counsellors at the barnehus are trained in doing assessment and intervention
- Assessment Intervention Moving on (AIM3)
 - Best current tool for assessing harmful sexual behaviour in children and young people
 - Assessment model (risk assessment)
 - Treatment manual



Teamwork is an essential part of working at Statens barnehus

- Weekly meeting
 - Discussion of last week's cases
 - Planning follow-up
 - Ventilate emotionally difficult cases
 - Professional updating
- Close cooperation with other barnehus, with networks that work on specific topics. Like internet related crimes.
- Ask for each others competence when needed in the actual follow-up team. Take advantage of diverse professional backgrounds and work experience.

Teaching, consulting, preventive work

- Supervision to local help systems, e.g.
 - the Child Protection Services
 - the school nurses



- Weekly consultation team. Offers advice to professionals who work with children. Team members:
 - Barnehus
 - Police officer/ forensic interviewer
 - Prosecution lawyer
 - Child Protection Service
 - Pediatrician
 - Psychiatric clinic
 - Therapist from Alternative to Violence
- Consultation phone-calls, can also be from private individuals
- Lectures to local schools, nurseries and North University. Topic:
 - Domestic violence and sexual abuse of children
 - How to detect. (How to see and ask)
 - What to do

Thank you

